

Public Relations Office
Jamia Millia Islamia

June 12, 2023

Press Release

JMI to provide training classes to celebrate International Day of Yoga

Jamia Millia Islamia (JMI) will be celebrating International Day of Yoga on June 21, 2023. For conducting the day successfully, the Games and Sports Department, JMI has started '**Yoga Training Classes**' from today. The class was held today at the G.P. Girls Hostel Campus from 5 am to 7 am. Training classes will be organised till 20th June, 2023 as per the following schedule:

Date	Department/Faculty/Hostels	Venue	Timings
13 th June 2023	BHM Girls Hostel	Hostel Campus	(5:00 pm to 7:00 pm)
14 th June 2023	J & K Girls Hostel	Hostel Campus	(5:00 pm to 7:00 pm)
15 th June 2023	Non-teaching Staff	Administrative Block	(10:00 am to 12:00 Noon)
16 st June 2023	General Students	Sports Complex	(10:00 am to 12:00 Noon)
17 th June 2023	Dr. Zakir Husain Hall	B Campus	(5:00 pm to 7:00 pm)
18 th June 2023	Fazlur Rehman Campus Hostel	A Campus	(10:00 am to 12:00 Noon)
19 th June, 2023	NSS & NCC students	Sports Complex	(10:00 am to 12:00 Noon)
20 th June, 2023	Teaching faculties	Sports Complex	(10:00 am to 12:00 Noon)
21 st June 2023	International Yoga Day	Sports Complex	(07:00 am to 9:00 Noon)

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