

**TEACHING PLAN**  
**MSW-S I -02 : THEORY AND PRACTICE OF GROUP WORK**  
**(AUGUST - NOVEMBER 2015)**

**Course Teacher:** Dr. Ushvinder Kaur Popli

**Max Marks:** 100(25/75)

**Transaction time:** 4 periods (55 Minutes each) each week for 16 weeks

**Internal Assessment**

- a) One skill laboratory (10 marks)
- b) One Assignment (15 marks )

*At the end of the course, the student shall be able to:*

1. *Understand group as a dynamic social entity and a resource for intervention*
2. *Develop an ability to apply group work method in different settings*
3. *Develop an understanding about the application of therapeutic approaches in group work*

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**AUGUST**

**Week 3: Introduction to the course (positioning the course in the context of social work)**

**Understanding Groups: Group – Definition, Importance and Types**

Toseland Ronald W. and Rivas Robert F. ( 2014), An Introduction to Group Work Practice. Harlow: Pearson Education Limited

Balgopal Pallassana R.and Vassil Thomas V (1983), Groups in Social Work: An Ecological Perspective, Network: Macmillan Publishing Company, Incorporated  
Hartford, M. (1971), Groups in Social Work, New York: Columbus University Press

**Week 4: Group behaviour**

Roy F. Baumeister, Eli J. Finkel 2010 Advanced Social Psychology: The State of the Science, United Kingdom: Oxford university press

Arie W. Kruglanski, Edward Tory Higgins - 2007 Social Psychology: Handbook of Basic Principles, New York : Guilford Press

## **Social attitudes**

Baron Robert A. 2009 .Social Psychology . India : Pearson Education  
Roy F. Baumeister, Eli J. Finkel 2010 Advanced Social Psychology: The State of the Science, United Kingdom: Oxford university press  
Zimbardo Philip G and Leippe Michael R. 1991. The Psychology of Attitude Change and Social Influence . New York : McGraw Hills.

## **Week 5: Group Dynamics ;**

Arie W. Kruglanski, Edward Tory Higgins - 2007 Social Psychology: Handbook of Basic Principles, New York : Guilford Press

Forsyth Donelson R.( 2010)Group Dynamics ( fifth edition ) USA : Wadsworth, Cengage Learning

File:///C:/Users/HP/Downloads/Group%20Dynamics%20Textbook.pdf

Toseland Ronald W and Rivas Robert F. ( 2005) An Introduction to group work practice ,5/e Boston : Allyn & Bacon

<http://www.pearsonhighered.com/samplechapter/0205376061.pdf>

## **Sociometry**

Baron Robert A. 2009 .**Social Psychology. India** : Pearson Education  
Roy F. Baumeister, Eli J. Finkel 2010 Advanced Social Psychology: The State of the Science, United Kingdom: Oxford university press

## **SEPTEMBER**

### **Week 1: Group Work In Practice: Assumptions**

Capuzzi D, Gross, Dougals R. and Stauffer Mark .D. (2010) , Introduction to Group work ( 4<sup>th</sup> edition) ,Jaipur: Rawat Publication.

Zastrow C.H. (2009 ) social With Groups : A Comprehensive Work Book ( &th edition) ( International Students edition ) , Australia : Books/Cole.

### **Objectives of Group Work**

Trecker H.B. ( 1955) Social Group Work : Principles and Practice , New York: Whiteside Inc.

Konopka G (1983), Social Group Work: A Helping Process (3<sup>rd</sup> ed.) Englewood Cliffs, N. J. : Prentice Hall.

Hartford M.E. ( 1971) Groups in Social Work , New York : Columbia University press.

**Week 2: Principles of Social Group Work**

Konopka G (1983), Social Group Work: A Helping Process (3<sup>rd</sup> ed.) Englewood Cliffs, N. J. : Prentice Hall.

Trecker H.B. ( 1955) Social Group Work : Principles and Practice , New York: Whiteside Inc.

**Week 3 : Models of Group Work Practice ;**

Syddiqui .H.Y. 2008.Group Work : Theories and Practices. Jaipur, India : Rawat Publications

Mishra P D and Mishra Bina 2008 Social group work : theory and practice. Lucknow : New Royal Book Co

**Week 4 : Group Work Process – Stages**

Toseland Ronald W. and Rivas Robert F. (2005), An Introduction to Group Work Practice Manachuseths: Allyn & Baion

**Week 5: Group work as a method of Social Work (includes Scope)**

Capuzzi D, Gross, Dougals R. and Stauffer Mark .D. (2010) , Introduction to Group work ( 4<sup>th</sup> edition) ,Jaipur: Rawat Publication.

Zastrow C.H. (2009 ) Social work With Groups : A Comprehensive Work Book ( &th edition) ( International Students edition ) , Australia : Books/Cole.

Trecker H.B. ( 1955) Social Group Work : Principles and Practice , New York: Whiteside Inc.

**OCTOBER**

**Week 2: Role of Group worker**

Toseland Ronald W. and Rivas Robert F. (1955), An Introduction to Group Work Practice. Massachusetts : Allyn & Baion

**Emergence of leadership**

Horton and Hunt 1968 . Sociology . New York: McGraw Hill

**Week 3 : Techniques of Group Work – Programme Planning**

Syddiqui .H.Y. 2008.Group Work : Theories and Practices. Jaipur, India : Rawat Publications

Mishra P D and Mishra Bina 2008 Social group work : theory and practice. Lucknow : New Royal Book Co

## **Group Discussion in Group Work**

Konopka G (1983), Social Group Work: A Helping Process (3<sup>rd</sup> ed.) Englewood Cliffs, N. J. : Prentice Hall.

Trecker H.B. ( 1955) Social Group Work : Principles and Practice , New York: Whiteside Inc.

### **Week 4: Recording in Group work**

Lindsay, Anne W. and Trecker, Harleigh 2014 Group work recording, principles and practices, Minnisota: United States: Literary Licensing, LLC.

Konopka G (1983), Social Group Work: A Helping Process (3<sup>rd</sup> ed.) Englewood Cliffs, N. J. : Prentice Hall.

### **Week 5: Theoretical Approaches to Group Work: Group Therapy**

Irvin D. Yalom 2005. The Theory and Practice of Group Psychotherapy. New York Basic Books

Corsini, R. J. (2004): Current Psycho Therapies with Case Studies, Hawaii: Wadsworth Publications.

## **NOVEMBER**

### **Week 1: Transactional Analysis**

Corsini, R. J. (2004): Current Psycho Therapies with Case Studies, Hawaii: Wadsworth Publications.

Eric Berne 1996 **Games People Play: The Psychology of Human Relationships, United States** : Ballantine Books Inc

### **Week 2 : Gestalt Therapy**

Corsini, R. J. (2004): Current Psycho Therapies with Case Studies, Hawaii: Wadsworth Publications.

Olson Matthew H. and Hergenhahn B.R. 2013. **An Introduction to Theories of Learning** New Jersey : Pearson Prentice Hall.

### **Week 3 : Support Groups**

Syddiqui .H.Y. 2008. Group Work : Theories and Practices. Jaipur, India : Rawat Publications

Mishra P D and Mishra Bina 2008 Social group work : theory and practice. Lucknow : New Royal Book Co

### **Week 4: Review, Case Discussion, Assignment Discussion**

### **Essential Readings:**

1. Toseland and Rivas (1955): *An Introduction to Group Work Practice*, Boston: Allyn and Bacon.
2. Konopka, G. (1983): *Social Group Work: A Helping Process*, 3<sup>rd</sup> Edition, New Jersey: Prentice Hall International.
3. Corsini, R. J. (2004): *Current Psycho Therapies with Case Studies*, Hawaii: Wadsworth Publications.
4. Wilson, G and Raylands, G. (1989): *Social Group Practices*, Massachusetts: Houghton Mifflin

### **Additional Reading :**

1. Arie W. Kruglanski, Edward Tory Higgins - 2007 *Social Psychology: Handbook of Basic Principles*, New York : Guilford Press
2. Capuzzi D, Gross, Dougals R. and Stauffer Mark .D. (2010) , *Introduction to Group work* ( 4<sup>th</sup> edition) ,Jaipur: Rawat Publication.
3. Deol Mark (2009) *Using Group work* , New York /London: Rutledge (Taylor and Francis group)
4. Gitterman Alex and Salmon Robert ( 2009) *Encyclopedia of Social Work with groups* , New York /London: Rutledge (Taylor and Francis group)
5. Irvin D. Yalom 2005. *The Theory and Practice of Group Psychotherapy*. New York Basic Books
6. Lindsey Trevor and Orton sue ( 2009) *Group Work Practice in Social Work* , United Kingdom :Learning Matters Ltd.
7. Samuel T. Gladding (1995), *Group Work: A Community Specialty*, London: Prentice Hall Int.
8. Trecker H.B. ( 1955) *Social Group Work : Principles and Practice* , New York: Whiteside Inc.
9. Wilson, G and Raylands, G. (1989): *Social Group Practices*, Massachusetts: Houghton Mifflin
10. Zastrow C.H. (2009 ) *social With Groups : A Comprehensive Work Book* ( International Students edition ) , Australia : Books/Cole.
11. Zimbardo Philip G and Leippe Michael R. 1991. *The Psychology of Attitude Change and Social Influence* . New York : McGraw Hills.

